



Zahima and Feroza



Executive Committee

# ACMWA celebrates 60 years

Text and pictures by **RUZAIK FAROOK**

The All Ceylon Women's Association (ACMWA) celebrated its 60th anniversary at Hotel Ramada recently under the patronage of United States Ambassador Patricia A. Butenis and High Commissioner

of Pakistan Seema Ilahi Baloch. Additional solicitor General Farzana Jameel, Yousuf Zulaika, Thassim Beevi Abdul Kader College Dr. Mrs. Rahmathunisa A Rahman and Sheriffa Azeez from Karachi with members of the association were present.



Fathima and Faiza



US Ambassador Patricia A Butenis, Rujhana and Pakistan High commissioner Seema Ilahi Baloch



Rujhana and Shahinshifa



Dr. Rahmathunia and Shariifa



## Carlton Super Seven Highlights



Pictures by Nissanka Wijeyeratne

## Shake-a-Thon 2012

**DEMI HEWAMANNA**

What a Sunday it was on June 10 with so many young and senior, joining together with their friends and family for the first ever Shake-a-Thon 2012 organized by Choco Luv.

It was one crazy event to watch as, the participants who won tickets after taking part in a promo that was held through E Fm were all geared up to drink the most number of milkshakes. The participants were divided into three categories - Boys, Girls and children - and I must say there were some eager people who really wanted to win badly as the prizes included hot air balloon rides courtesy Sunrise in Lanka Ballooning (Pvt) Ltd, dinner vouchers from Galadari and plenty of Ferrero Roche hampers.

The participants had to run from one end to the other and drink two milkshakes, run back and eat a Ferrero Roche chocolate and run back to drink more milkshakes all in the span of 10 minutes. For the children the time given was five minutes and talking to the little ones after their run they said, "I'm never having another milkshake in my life", and some of them couldn't stand the sight of a milkshake after their run).

These are some of the highlights of the afternoon.



The ladies trying to beat the boys



The juniors sipping it up



The boys making a run for it



Alex accepting his award from his big sis Stephanie



The winner of the Men's category accepting his award



Winner of the Women's category accepting her hot air balloon ride prize



Nicolas accepting his first prize award



## Sabaragamuwa Stallions in action

The Sabaragamuwa Stallions in action during the Carlton Super Seven's. Junior Rugby players of St Thomas' College Mt. Lavinia also got the opportunity to meet the four All Blacks players who represented the Sabaragamuwa Stallions at the Carlton Rugby Seven's.



Practicing with the future ruggierites



Signing autographs

