

# Smart casual at Galle Face

Smart casual, cocktail wear was the theme of the high tea evening at Galle Face Hotel last week. The event was choreographed by Oline de Bond and photographed for Zest by Ruwan de Silva.



## NCASL AGM

National Construction Association of Sri Lanka (NCASL) held their AGM, recently at Waters Edge, Battaramulla. Here are some of the invitees posing for photographer Sulochana Gamage.



Ramya Ranaweera



Dr. Janaka Ruwanpura and Senani Ruwanpura



Mr and Mrs Iran de Silva



Swarna Wijeratne, Nissanka Wijeratne, Kumuduni Gunatillake and Ranjith Gunatillake

## Why cheap jewellery can be a nightmare?

Scientists from University of Gießen claim to have found the reason why cheap jewellery cause painful rashes on women's skin.

Many women who wear a pair of alloy earrings complain of painful red swelling and blisters. Even coins and belt buckles may also cause an unpleasant allergic reaction when they rub against the skin.

The research team claim



Harmful jewellery

that the reason behind allergies is that they all contain nickel. Nickel

binds to a particular immune-system protein normally involved in

detecting harmful invaders, reports [daily Mail.co.uk](http://daily Mail.co.uk).

In susceptible people, this results in the body recognising nickel as an infectious agent and triggering inflammation.

As the immune system goes into overdrive, it produces the classic symptoms of burning, itching, redness, swelling and blisters.

*Hindustan Times*



Sizzle Restaurant won the award 'Best Restaurant 'A' grade in Colombo 2010' at the City Food Safety High Achievers Awards Ceremony. This is the culmination of a series of quality checks carried out by the Colombo Municipal Council in affiliation with the Department of Public Health.