



Glamorous evening wear

The Ceylon Continental Hotel featured high fashion with glamorous models last week featuring evening wear. Shown here are some of the models photographed by Sulochana Gamage for *Daily News* fashion.



Go for Silver

GANGA ILLEPERUMA

Silver is a metal that has been used for hundreds of years. Silver is the extraction of many countries, but most producers are Mexico, Peru and Australia.

It is in its pure form, is usually considered too soft for everyday use. Therefore, other metals are added to pure silver, such as copper.

The result is looking for an item at a much lower price. It may seem that the Sterling Silver, but the silver plating tend to wear off fairly quickly issued less than a beautiful base metal. There are many different names for silver jewellery on the market today. So, what are all these types of silver and what do they mean?

Silver plating is common and sometimes dishonest sellers try to pass this off as sterling silver. It's also called electroplated silver or silver coated as well. Silver plated items are made using a base metal, normally

brass or nickel, which is then put through an electroplating process.

Electroplating is a process which adheres a very thin layer of pure silver onto the base metal.

The result is a sterling silver looking item at a much reduced price. It may look like sterling silver but the silver plating tends to wear off quite quickly exposing the less than beautiful base metal.

Some silver is not actually silver at all. It is a grayish looking alloy which resembles silver.

It is sometimes termed nickel silver and new silver. It is also used as a base for silver plated items because of its appearance.

If you want real silver, stay away from this. If you want real silver, stay away from this. If you want real silver, stay away from this. If you want real silver, stay away from this.



How to become fair

Remember the episode in which a dark coloured girl gets to fulfill all her dreams after she uses a cream that makes her fair? Although natural dark colour is always beautiful, a colour-gone dark, because of pigmentation and harmful effect of sun rays, is appalling in most cases. So, how to get the natural fair skin back? Even though the business of beauty products promising

fair skin is worth billions of dollars, such products rarely provide any benefit and in most of cases contain harmful chemicals.

Instead of splurging on costly creams and lotions, you should rummage around for home remedies, which not only give guaranteed effect, if used properly, but do not have side effects too.

Tips To Get Fairer Skin

■ **Make a face pack with cucumber juice and lemon juice.** Extract three tablespoon of cucumber juice, mix a tablespoon of lemon juice and combine it with rose water. Apply it on the face neck and arms or on the sun exposed body parts. Leave it for twenty minutes or more and then wash off. Apply it twice daily, for better results.

■ **Gram flour** is very helpful in preventing sunburn and bringing the color back to the skin. Mix it with lemon juice, which proves to be excellent bleach, and blend in some yogurt. Apply it every day, before taking bath, for twenty minutes and then rinse off. See the results in a few weeks only.

■ **Turmeric** is also an excellent skin-lightening agent and is used in various beauty creams too. Take half teaspoon of turmeric, mix it with milk (preferably raw) and add a few drops of lemon juice. Apply it thoroughly on the face and the neck and leave for twenty-five minutes. It may sting a little, but that only means it is working. Now, rinse off with water.

■ You can make your own home made bleaching agent too. Take one-teaspoon **turmeric powder**, mix half-spoon of **curd** in it and add a few drops of olive oil. Put in half spoon of curd and

a pinch of salt. Mix the ingredients thoroughly and apply on the face and neck. Keep on for 15-20 minutes and then rinse off.

■ **Papaya pulp** can also be applied directly to the skin, as a skin lightener. Drinking coconut water and applying its milk to the face also proves helpful in getting back the fair complexion. In addition, the mixture of leaves of Holy Basil and crushed orange peels can also be applied on the skin, to improve its complexion.

■ The blend of **milk powder with almond oil**, honey and lemon juice also brightens the face and gives it a glow. Another remedy would be to mix butter-milk with oats and thoroughly apply it on the face. Leave it for

some time and then rinse. It helps in exfoliating the skin and bringing out the natural color.

■ **Saffron** is an excellent skin-whitener. Mix two, three strands of saffron with little milk and leave it for sometime. When the water turns pink, apply it on the face and neck. Keep for 10-15 minutes and then rinse off. It is one of the most effective home remedies.

■ With all the home remedies, make sure to add lots of **fresh vegetables and fruits** to your diet. Incorporate protein and drink plenty of water. Use sunscreen lotion and umbrella when going out. You will find yourself fairer within a few months.

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