

Lion Ladies of 306C2 taking time to heal the mind



First Lady of Lions District 306C2 Lalani distributes chocolates to little ones at the Children's Ward of the Cancer Hospital, Maharagama.

Lions Clubs and Lion Ladies Association of District 306C2 are engaged in an ongoing programme at Maharagama Cancer Hospital to uplift the warrior spirits of those battling with cancer. Lion Ladies of the District visited the Children's

Ward of the Cancer Hospital on a project organized by Lion Sridevi Silva who is the Cabinet Committee Member for religious and Buddhist Cultural Affairs. Lion Sridevi and her spouse, Lion H. Mervin Silva were accompanied by District Governor Lion Dr.

Priyanka Baddevithana and First Lady of the District Lion Lalani Baddevithana, Vice District Governor Lion Buddhini de Z. Gunasekera and many Lions and Lion Ladies of the District. The morning began with the donation of mattresses



From left District's First Lady Lion Lalani Baddevithana, District Governor Lion Dr. Priyanka Baddevithana, Deputy Director of the Cancer Hospital Dr. N. Paranagama, Ven. Maharagama Mahinda Thera of International Buddhist Centre, Project Coordinators Lion H. Mervin Silva and Lion Sridevi Silva of Lions Club of Jawatte summit.

to the hospital followed by a sermon delivered by Most Venerable Maharagama Mahinda Thera, after which the Lion Ladies and Lions spent some precious hours with the children and their parents giving gifts, sweets and other nourishments.

The message they gave was that cancer is a disease of the mind, body, and spirit. Divine blessings and a positive spirit will help improve the quality of life for the cancer warrior to be a survivor with dignity and understanding.



The restored Sandagama Wewa.

Mahara Lions restore Sandagama Wewa

"Our duty to protect border villages"
DG 306 B2 - Lion Mahesh Pasqual

Lions Club of Mahara, de-silted and restored the Sandagama Wewa at Thanthirimale under the direction of District Governor 306 B2 - Lion Mahesh Pasqual.

Lion Mahesh Pasqual was the Chief Guest at the handing over ceremony held at Thanthirimale.

"Our duty is to protect border villages if we want to live safely in other areas, Lion Pasqual said.

This project has benefited a large number of families at Thanthirimale, due to the hard work done by Lions and Lion Ladies of Mahara Lions Club, District Governor, Lion Pasqual said.

Chief Incumbent of the Sandamal Eliya Temple Thanthirimale, Ven. Viharagama Sangarathana Thera paid a tribute to District Governor, Lion Pasqual for his personal interest in the project.

Mahara Lions Club also distributed school books, clothes and other household items to the villagers, at the ceremony held to hand over the keys to the sluice gate of the restored Sandagama



From left - District Chairman, Village Adoption and Poverty Alleviation, Lion Hemantha de Silva, Region Chairman, Lion Pradeep Wijeratne, Treasurer, Mahara Lions Club, Lion P. Ranawera, Ven. Viharagama Sangarathana Thera, Chief Incumbent of Sandamal Eliya Temple, Lions Laksiri Munasinghe and Nilantha Perera.



District Governor, 306 B2, Lion Mahesh Pasqual hands over the keys to the sluice gate of Sandagama Wewa, to A. Amarasekera, a farmer. Also present from left - District Chairman, Village Adoption and Poverty Alleviation, Lion Hemantha de Silva and Ven. Viharagama Sangarathana Thera. Chief Incumbent of Sandamal Eliya Temple, Thanthirimale.

Lions Club of Colombo East 40th Charter celebration

Text and pic M. Farook Lantra

Lions District 306 'B' - 1, Lions Club of Colombo East held its 40th Charter Anniversary celebration and the official visit of District Governor Lion S. Raghavan (MJF) at Capri Club, Colombo.

The chief guest was District Governor Lion S. Raghavan and his wife Lion Lady Ranjani. A large gathering of

District Cabinet Officers, Presidents and visiting Lions and Lion ladies and Leos, were present. District Governor said that he was proud and congratulated the club for coming a long way of 50 years in Sri Lanka's Lionism. He further said the future, will be challenging for the members and the success will depend mainly on the infusion of young blood into the membership, and he

was happy that the experienced Club President Sam Macan Markar and Leos, have taken steps to bring in young new members and this move will release the burden of senior members of the club who are still very active.

Lion Dr. D. K. Darrell Mathew MJF (Charter Chairman) who also spoke was very impressed of the commendable services ren-



Sam Macan Markar (Club President) on right is presenting a cheque to Lion S. Raghavan MJF (District Governor) and Lion Dr. D. K. Darrell Mathew (Charter Chairman) looks on.

Toastmaster Champion Junior Speaker Contest 2008

Romayne Diaz Public Relations Convener

At the Bishops' College Auditorium five young speakers were battling it out to become the winner of the Champion Junior Speaker Contest - 2008.

The evening began with the prepared speeches segment of the contest, where the speakers delivered the pre-prepared speeches. Naveendran Rajendran of Asian International School was the first speaker on stage speaking about "Dreams". Quoting real life examples he inspired the audience to achieve great heights by dreaming big.

Next was Shamil Mohsin of Lyceum International School whose speech title was "What's the rush?" Starting with the emotional story of how he could have saved his grand father's life if he had not delayed his visit, he went on to convince the audience that one shouldn't delay what should be done now.

Kshyahla Pinto Jayawardena of Ladies College speaking on "World needs them both" was very forceful in her attempt to convey why the world needs both men and women. While Samitha Makumbura of Lyceum International School speaking about "The Mother" described how humans are different from mother nature and questioned when mankind will become extinct.

The final speaker was Tharindra Gooneratne of Ananda College. Under the speech title "Crazy mirror room" he emphasized the importance of guarding one's values without letting the people around you change you. He went on to say that you can never change yourself without your consent.

The prepared speeches segment was too competitive that it was apparent that the impromptu speeches segment would be crucial to



Tharindra Gooneratne Champion Junior Speaker Contest - 2008



Kshyahla Pinto Jayawardena



Naveendran Rajendran



Shamil Mohsin



Samitha Makumbura

the contestants. Each contestant was given 20 minutes to prepare the impromptu speech and they were given a list of topics by the judges. It turned out to be the most impressive segment of the evening as well since although the speakers were given a limited amount of time to prepare they came up with excellent and creative speeches.

Naveendran selecting the topic "If I win a million dollar lottery" started with a bit of humour explaining as to why he will never win a lottery. He went on to say how he could be of service to the society and his effort combined with his prepared speech, made him the good runner up of the contest.

Shamil speaking about "Laughter is the best

medicine" used thunderous laughter to convey the message that laughter could keep the doctor away and no medicine is more powerful than laughter. Shamil aged 12, was the youngest speaker to take part in the finals and ended up as the first runner up.

Tharindra who delivered the final speech for the evening spoke about "Are you a super hero?" Stating that he was a reserve of the same contest the previous year. He said it was perseverance that got him through to the finals this year. He stressed that anyone could be a super hero through perseverance.

Tharindra's effort was good enough for him to win the Champion Junior Speaker Contest - 2008. Thus ended a memorable evening not just for the 16

year old but for the audience.

The contest was organized for the fifth consecutive year by The Colombo Toastmasters Club in association with The Lyceum Toastmasters Club and The Kandy Toastmasters Club. The main sponsor of the contest is Mr. Mohan Lal Grero, Founder and Chief Executive of the Lyceum Group of International Schools. The objective of the contest is to develop the speaking skills of young men and women in the country. The contest was open for Sri Lankan citizens between the ages of 12 - 18.

Close to 300 applications were received for this year's contest and Orientation Programs were held in Colombo and Kandy for the applicants.

The preliminary rounds were also held both in Colombo and Kandy and the semi-final was held in Colombo where 26 speakers competed to make it to the finals that was held on the 3rd of February.

The Colombo Toastmasters Club in an attempt to further develop the communication skills of youngsters in the country, is in the process of setting up a Gravel Club (with an age limit of 15-23). Although the initial membership will be limited, its vision is to convey the benefits of Toastmasters

JCISL Kollupitiya celebrates 5 years of Jayceism in Sri Lanka

The Junior Chamber International Sri Lanka Kollupitiya, celebrated five years of Jayceism in Sri Lanka at a gala event held at the Galle Face Hotel recently.

It is the youngest chapter in the National movement and the most vibrant chapter which has won many Local and International awards in the past few years. It was also adjudged "The best chapter" for the year 2007, by JCISL at the annual convention held in Kandy.

The Extension Chairman of the chapter was the past National President JCI Sen. Ameer Ahmed and the chapter is proud to have our own Protem President JCI Sen. Niroshan Silva to be the current National Presi-



Extension Chairman Past National President JCI Sen. Ameer Ahmed inviting the Current National President, leader for 2008 and the Protem Chapter president of JCISL Kollupitiya JCI Sen Niroshan Silva to cut the 5th anniversary cake. Also present are Past Chapter President and current Secretary General of JCISL, JC Dakshana Gooneratne, Past Chapter President and current EVP of JCISL, JC Umar Shankar and Immediate Past President and JCISL VP JC Ruwan Senanayake.

Lions Club of Wattala marks 40th Anniversary

The Lions Club of Wattala celebrated its 40th anniversary with a series of service projects, last week. The mega event was organised by District Governor, 306B1, Lion S. Raghavan and Wattala Lions Club President, Lion Mevan Algama.

The club also donated a main service project for the day took place at the Pithripura Home, Uswetakeiyawa, Wattala, with a sports meet where all inmates took part. It was a very colourful event.

It was a day of fun, food and entertainment for not only the inmates but also for the staff of Pithripura Home, Uswetakeiyawa, Wattala. The club also donated a consignment of food items and other essential goods to the home. The Club also provided expert chefs to train the staff at the Pithripura Home bakery which had not been functioning for a



District Governor 306B1, Lion S. Raghavan (extreme right) hands over a consignment of day to day needs to chief matron, Pithripura Home, Neeta Silva. Also present from left President, Wattala Lions Club, Lion Mevan Algama, District Director, Lion Lakshman Wijesinghe and Project Chairman Lion Sri Sankarajah. Picture by Colombo South Group Correspondent A.Maduraweera

long period of time. The Neeta Silva paid a tribute to for the great service re-

chief matron of the home the Lions Club of Wattala is to the home.